

Upskilling For The Age Of AI Automation - Volume 1

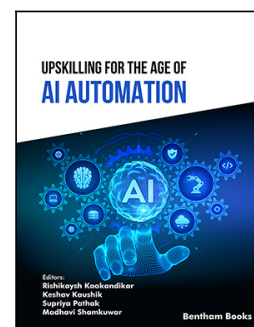
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Chapter Title

Examining the Role of IT Industries Towards Work Compatibility and the Well-being of Women Employees in Chennai City

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Abstract:

The constant expansion of the information technology industry and globalization have substantially changed the corporate landscape. Not only has it altered the dynamic between employers and employees, but it has also changed how business is conducted and what is expected of employees. The management of a firm has the primary responsibility for its performance and profitability, owing to today's diversified workforce and demanding environment. Maintaining a healthy work-life balance in today's challenging and competitive workplace is essential. Employees' personal and professional lives need to be balanced for work-life balance. A sample of 150 female employees from the IT industry was utilized to investigate how women perceive work compatibility and how it influences their well-being.

The inquiry employed a quantitative methodology. A structured questionnaire was distributed to 200 respondents to gather data. One hundred fifty only returned the fully completed questionnaire. After that, this data was examined using the appropriate statistical programs. According to the quantitative approach, the data is found to be quantitative and falls into three categories: simulation, experimentation, and inferential. The trial form contains a characteristic that provides a great deal of adaptability in the research setting: the ability to modify some of the variables to observe how they impact the other variables. Creating a synthetic setting in which valuable data and details may be made is one of the most crucial components of the simulation process. The study's findings demonstrate that healthy work compatibility boosts employee well-being, which increases organizational effectiveness and gives IT companies a competitive edge.

Chapter: <https://www.eurekaselect.com/node/253941>

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